

# TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 2 - 2024, Volume 39

April 8, 2024

[@trivestsports](#)

[Tri-West Athletic Website](#)

*Building Tomorrow's Leaders Today*

## MESSAGE FROM THE ATHLETIC DIRECTOR

### Back from Break

I hope you enjoyed a restful and relaxing Spring Break. As we return, let's harness the renewed energy and enthusiasm to excel both in athletics and academics. Embrace the opportunity to push your limits, whether on the field, court, track, or in the classroom. Hard work and dedication are the cornerstones of success, and now is the perfect time to refresh your efforts. Set goals for yourself, both in your sport and in your studies, and commit to putting in the necessary work to achieve them. Remember that every practice, every assignment, and every moment of focused effort brings you one step closer to your dreams.



*Mr. Scott Knapp  
Tri-West Athletic Director*

Stay disciplined, stay focused, and let the determination you feel now propel you towards the finish line. Keep in mind, we only have 33 school days left. Let's finish strong together.



# COACH WORL'S WORLD



Quote

Monday 4/8

Tuesday 4/9

Wednesday 4/10

Thursday 4/11

Friday 4/12

"Toughness is never on sale, so stop looking for discounts."

-Lew Caralla

**CLOSED**

APE: Strength Training

After School: Strength Training

3:50-4:30p

APE: Speed & Strength Training

After School: Speed & Strength Training

3:50 - 4:45p

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After School: Speed & Strength Training

3:50 - 4:45p

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After School: Strength Training

3:50 - 4:30p

## SPRING IN INDIANA

The Spring Season is often unpredictable when it comes to weather in Indiana. Add to that the shortage of umpires across the country and we encounter scheduling obstacles. It becomes difficult to get events, especially lower level games, rescheduled. With that being said, understand that the Spring schedules will be subject to change. We will make every effort to get the games, matches, and meets in as we are able. We appreciate your understanding and patience as we work to make this a successful Spring Season for all. As always, check the Athletic website for the most up-to-date schedules.





# WEEK IN REVIEW

- JV Baseball lost to Plainfield, 1-11
- Varsity Baseball lost to Plainfield, 4-6
- Varsity Baseball lost to Lawrence North, 1-8
- Varsity Softball defeated Floyd Central, 6-2 at the Castle Invite
- Varsity Softball defeated Daviess County (KY), 3-2 at the Castle Invite
- Varsity Softball lost to Gibson Southern, 1-15 at the Castle Invite
- Varsity Softball defeated Castle, 6-2 at the Castle Invite
- Boys Golf finished 5th out of 12 teams at the Brownsburg Shootout

## CONGRATULATIONS TO THESE BRUINS



Congratulations to Varsity Softball for defeating Floyd Central, Daviess County (KY), and Castle in the Castle Invite.

Congratulations to **Emma Frye** on her 3 home runs at the Castle Invite.

# UPCOMING EVENTS

## **Monday, April 8**

*No Events; Campus Closed*

## **Tuesday, April 9**

5:30 PM Varsity Baseball vs Southmont, **HOME**

5:30/7:00 PM Varsity/JV Softball vs Southmont, **HOME**

5:30 PM B/G Track & Field @ Lebanon

5:30 PM Girls Tennis @ Greencastle

6:00 PM Boys Volleyball vs McCutcheon, **HOME**

## **Wednesday, April 10**

5:30 PM Varsity Baseball @ Southmont

5:30/7:00 PM Varsity/JV Softball @ Southmont

6:00 Pm Boys Volleyball vs Lawrence North, **HOME**

## **Thursday, April 11**

4:30 PM Boys Golf vs South Putnam @ Oak Ridge Golf Club

5:30 PM Girls Tennis vs Frankfort, **HOME**

6:00 PM Boys Volleyball vs Heritage Christian, **HOME**

6:00 PM Girls JV Softball @ Roncalli

6:00 PM Girls Varsity Softball vs Roncalli, **HOME**

## **Friday, April 12**

5:30/5:30 PM JV/Varsity Softball @ Brownsburg

6:00 PM B/G Track & Field vs Small School Showcase @ Park Tudor

## **Saturday, April 13**

9:00 AM Girls Tennis @ Lawrence Central Invitational

10:00 AM JV Softball vs Tri-West Invitational, **HOME**

10:00 AM JV/Varsity Baseball vs Whiteland (Double-Header), **HOME**





# PRE-PARTICIPATION PHYSICALS

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APRIL 21 • APRIL 28 • MAY 5

Hendricks Regional Health is proud to provide pre-participation physicals for our school partners.

For more information, to secure an arrival time and register visit [HENDRICKS.ORG/SPORTSPHYSICALS](https://www.hendricks.org/sportphysicals)

A portion of the physical fee is donated back to your school

# Jeff Gordon Legacy Plaza Bricks

## TRI-WEST HIGH SCHOOL

BE A PART OF HISTORY - BUY AN ENGRAVED BRICK TO BE PLACED AT THE MAIN ENTRANCE OF OUR BEAUTIFUL STATE BANK STADIUM

NAME

PHONE

EMAIL



### BRICK INFORMATION

Please print legibly. Maximum of 18 characters (including spaces) per line. If you wish to put a corporate logo on your brick order there will be a \$50 service fee. Make checks payable to Tri-West High School Athletics. The Athletic Department will reach out with further information. Please complete the form and return to: Tri-West High School, Attn. Scott Knapp, 7883 North State Rd., 39 Lizton, IN 46149.

LINE 1 TEXT

LINE 1 TEXT

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----- 8 X 8 BRICK \$500



----- 4 X 8 BRICK \$250



#### LOGO (8 X 8 BRICK(S) ONLY)

Baseball	Softball	Cross Country	Golf
Soccer	Tennis	Swimming	Volleyball
Wrestling	Cheerleading	Track	Corporate
Basketball	Band	Football	Bruin