

Edition 1 - 2022, Volume 8
September 12, 2022
optimestsports

Tri-West Athletic Website

MESSAGE FROM THE ATHLETIC DIRECTOR

Remembering 9/11

For you, our student athletes who were not yet born in 2001, September 11th is not a memory, but a history learned. 100 million Americans have been born since the day that changed our world forever. It is important you know how we, as a nation, responded: with unity, resilience, and hope. To honor the lives lost, I encourage you to talk to your parents, grandparents, and teachers. Ask them what they remember about September 11th. Know that the unity we displayed as a country in the days after this tragedy was something none of us will ever forget. As you go about your days, pause to remember that the freedom you enjoy is the very freedom that was attacked that September day. Remember what a privilege it is to live in this country. You may have noticed that we have been honoring this great nation at our Home football games this year with the following tradition, borrowed from Purdue University titled "I Am An American."



Mr. Scott Knapp Tri-West Athletic Director



I am an American. That's the way most of us put it, just matter of factly. They are plain words, those four: you could write them on your thumbnail, or sweep them across this bright autumn sky. But remember too, that they are more than just words. They are a way of life. So whenever you speak them, speak them firmly, speak them proudly, speak them gratefully.

I am an American.

In closing, be mindful of the freedoms we enjoy as Americans. We should be grateful for all that our US Military and First Responders do in order to protect those freedoms.

BRUINS IN THE COMMUNITY





Friday was Tri-West Youth and Middle School Night. We were excited to honor all of our TWYFL and Middle School players, cheerleaders, and coaches. Thank you to all of our TWYFL volunteers and Middle School coaches.



The Indianapolis Colts presented the Tri-West High School Athletic Department with a generous donation at Friday's Varsity Football game. We are grateful for the opportunity to partner with the Colts and appreciate their dedication to Indiana High School Football.



A big thank you to Tri-West junior **Trey Hannah** for playing such a huge role in the game day atmosphere on Friday nights.
Thank you, Trey, for playing music and helping make State Bank Stadium THE place to be on Friday nights!

WEEK IN REVIEW

- Girls Golf defeated Danville and lost to University, 207-227-194
- Boys Varsity Soccer tied with Covenant Christian, 3-3
- Girls IV Soccer defeated Pike, 5-0
- Girls Varsity Soccer defeated Pike, 6-0
- JV Volleyball defeated Southmont, 2-0
- Varsity Volleyball defeated Southmont, 3-0
- Girls Golf defeated Avon and lost to Brownsburg, 205-218-186
- IV Volleyball defeated Frankfort, 2-0
- Varsity Volleyball defeated Frankfort, 3-0
- Freshman Volleyball lost to Carmel, 0-2
- JV Volleyball lost to Carmel, 0-2
- Varsity Volleyball lost to Carmel, 0-3
- Boys Varsity Soccer defeated Cascade, 3-0
- Boys JV (1 Half) Soccer lost to Cascade, 1-3
- Varsity Football defeated Western Boone, 41-34
- Boys Cross Country finished 15th out of 18 teams at the Ben Davis Invitational
- Girls Cross Country finished 19th out of 21 teams at the Ben Davis Invitational
- JV Volleyball were the Sagamore Conference Tournament Champions
- Girls JV Soccer tied West Lafayette, 2-2
- Girls Varsity Soccer tied West Lafayette, 1-1
- JV Football defeated Western Boone, 14-8
- Girls Golf finished in 4th place at the Sagamore Conference Championship
- Boys JV Soccer tied Faith Christian, 1-1, and lost to Park Tudor, 1-3 in the Lebanon JV Invitational

TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



COACH WORL'S WORLD

							11	
	WEIGHT ROOM SCHEDULE SEPTEMBER							
							11/11/11	
	MONDAY 29	TUESDAY	WEDNESDAY 31	THURSDAY	FRIDAY	SATURDAY 3	SUNDAY 4	
				APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Vertical and 40 testing After School - 4:45p			
1	5	6	7	8	9	10	11	
1	CLOSED: Labor Day Football: 11 - 11:45a	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training Team Competition After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 4:45p			
	12	13	14	15	16	17	18	
	APE: Strength Training After School - 5p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p 20	APE: Competition Day - Turf After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 4:45p	24	25	
	APE: Strength Training After School - 5p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Athletic Enhancement After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 5p	1	2	
	3	4	5	6	7	8	9	
			age -					

APE (Advanced Physical Education) Weekly Theme

OPRIDE

Pride is a feeling that is developed as a result of consistently doing things the right way. It comes from discipline, unselfishness, accountability, and ownership.

APE Performers of the Week



CONGRATULATIONS TO THESE BRUINS



Congratulations to our Girl Golfers Raegan Ramirez and Macey Mohr for making the Sagamore All-Conference Team



Congratulations to our JV Volleyball
Team for winning the Sagamore
Conference Tournament



Congratulations Varsity Boys Soccer for defeating Cascade



Congratulations to our Girls Golf Team for defeating Danville, Avon, and for finishing 4th in the Sagamore Conference Meet



Congratulations Varsity Volleyball for defeating Southmont and Frankfort



Congratulations to our Girls Varsity Soccer
Team for defeating Pike



Congratulations Varsity Football for defeating Western Boone

UPCOMING EVENTS

Monday, September 12

4:30 PM Girls Golf @ North Montgomery/Fountain Central (*Rocky Ridge Golf Club*) 5:30/6:30/7:45 PM F/JV/Varsity Volleyball vs. North Montgomery, **HOME, Teacher Appreciation Night** 6:00 PM Girls Varsity Soccer vs. Southmont, **HOME, Grandparents Night, State Bank Stadium**

Tuesday, September 13

5:30/7:15 PM Boys Varsity/JV (1 Half) Soccer vs. Lebanon, HOME, Grandparents Night

Wednesday, September 14

4:30 PM Girls Golf @ South Putnam 6:00/7:15 PM Girls JV/Varsity Soccer @ Lebanon 6:00/7:15 PM JV/Varsity Volleyball @ Monrovia 6:00 PM Freshman Volleyball @ Lafayette Jefferson

Thursday, September 15

6:00/7:15 PM Boys Varsity/JV (1 Half) Soccer @ Southmont 6:00 PM Girls Varsity Soccer vs. Speedway, **HOME, State Bank Stadium** 7:00 PM Girls JV Soccer @ Park Tudor

Friday, September 16

9:00 AM Girls Golf Sectional Championship @ West Chase Golf Club (TW tees off at 9:40 AM) 7:00 PM Varsity Football @ Danville, *Theme is WHITE OUT*

Saturday, September 17

9:00 AM JV Volleyball @ William Henry Harrison JV Invitational 9:00 AM Tri-West Cheerleading Invitational, HOME 9:30 AM B/G Cross Country @ Golden Spike Invitational (Decatur Central) 10:00 AM JV Football vs. Danville, **HOME, State Bank Stadium**





Friday's Varsity Football theme is WHITE OUT!
This is a rivalry game at Danville, and we are excited to bring The Helmet HOME! Be sure to be respectful of Danville's fans and facilities.

Kickoff is at 7:00 PM