

Edition 1 - 2022, Volume 22 December 19, 2022

<u>@triwestsports</u>

Tri-West Athletic Website

MESSAGE FROM THE ATHLETIC DIRECTOR

Welcome Mrs. Johnson

Join me in welcoming Mrs. Alison Johnson as our new Athletic Secretary. Mrs. Johnson comes to Tri-West after serving as Athletic Secretary at Heritage Christian. Mrs. Johnson is a lifelong athlete, having played volleyball, basketball, and softball all the way through high school at Western Boone.



Mr. Scott Knapp Tri-West Athletic Director

Previously, Mrs. Johnson's career has been in the music industry. She graduated from Florida College with a degree in Vocal Music and has toured with the country duo Sugarland, as well as many other bands, including Marina McBride, The Eagles, and Little Big Town. She has also worked for the Country Music Association doing the CMA Awards Show and CMA Music Fest.

Mrs. Johnson and her husband Jake reside in Lizton with their two sons, Jude (3rd grade) and Hank (Kindergarten) who both attend North Salem Elementary. Be sure to stop by the Athletic Office when we return from Christmas Break to welcome Mrs. Johnson to the Bruin family.





COACH WORL'S WORLD

Christmas Weight Room Schedule Monday Tuesday Wednesday Thursday Friday								
	12/19	12/20	12/21	12/22	12/23			
PUINS PROPERTY.	Strength Training 3:50p - 4:35p (All Athletes) 4:45p - 5:30p (Female Only)	Strength Training 3:50p - 4:35p (All Athletes) 4:45p - 5:30p (Female Only)	Athletic Enhancement 3:50p - 4:35p (All Athletes)	CLOSED	Strength Training/Speed Work 8:00a - 9:00a (All Athletes)			

	Monday 12/26	Tuesday 12/27	Wednesday 12/28	Thursday 12/29	Friday 12/30
PUINS	Strength Training/Speed Work 8:00a - 9:00a (All Athletes)	Strength Training/SpeedWo rk 8:00a - 9:00a (All Athletes)	Strength Training/Speed Work 8:00a - 9:00a (All Athletes)	CLOSED	CLOSED

	Monday	Tuesday	Wednesday	Thursday	Friday
	1/2	1/3	1/4	1/5	1/6
THE THE PULL IN S	Strength Training/Speed Work 8:00a - 9:00a (All Athletes)	Strength Training/Speed Work 8:00a - 9:00a (All Athletes)	Staff Meetings	Back to School	

WEEK IN REVIEW

- Boys Freshman Basketball defeated Crawfordsville, 45-27
- Wrestling lost to Western Boone, 48-27
- Boys Freshman Basketball defeated Frankfort, No score reported
- Boys Swimming & Diving defeated Frankfort, 139-76
- Girls Swimming & Diving defeated Frankfort, 130-79
- Girls Varsity Basketball lost to Benton Central, 48-63
- Wrestling finished in 9th place out of 17 teams at the McKee Memorial Invitational
- Girls JV Basketball lost to Pike, 32-46
- Boys Swimming & Diving finished in 3rd place out of 5 teams at the Hendricks Regional Health Invitational
- Girls Swimming & Diving finished in 4th place out of 5 teams at the Hendricks Regional Health Invitational
- Boys JV Basketball defeated Benton Central, 74-68
- Boys Varsity Basketball defeated Benton Central, 43-42

BRUINS IN THE COMMUNITY

Bruin Students do so much more than compete. We appreciate these two students, **Cody Hughes** and **Kendall Williams**, for all they do to help our Athletic Department. Outside of being Athletic Office Aides, Cody and Kendall work the scorers bench for our Boys Basketball program. This is just another way students make an impact in High School Athletics beyond the playing on the court.



CONGRATULATIONS TO THESE BRUINS



Congratulations to our Boys Swimming and Diving team for defeating Frankfort



Congratulations to our Girls Swimming and Diving team for defeating Frankfort



Congratulations to our Boys Basketball team for defeating Benton Central





UPCOMING EVENTS

Monday, December 19

No Events

Tuesday, December 20

6:00/7:30 PM Girls JV/Varsity Basketball vs. Lafayette Central Catholic, **HOME**, **TWHS Main Gym** 6:30 PM Wrestling vs. Pike, **HOME**, **TWHS Auxiliary Gym**

Wednesday, December 21

6:00 PM Boys Freshman Basketball vs. Harrison (West Lafayette), **HOME**, **TWHS Auxiliary Gym** 6:00/7:30 PM Boys JV/Varsity Basketball vs. Harrison (West Lafayette), **HOME**, **TWHS Main Gym**, *Varsity Halftime Performance from TWHS Cheerleaders with special guests and Santa Claus*

Thursday, December 22

No Events

Friday, December 23

No Events

Saturday, December 24

Christmas Eve, No Events

