

# TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 2 - 2023, Volume 17

October 30, 2023

[@trivestsports](#)

[Tri-West Athletic Website](#)

*Building Tomorrow's Leaders Today*

## MESSAGE FROM THE ATHLETIC DIRECTOR

### Big Picture Mentality

First off, I want to say congratulations to our Girls Volleyball team on an outstanding season. We are so proud of all the accomplishments of this team. I also want to commend our student body for showing up to support our team.



*Mr. Scott Knapp  
Tri-West Athletic Director*

As we move into our Winter Season, I want to encourage you all to keep a “big picture” mentality. After your high school athletic career ends, how will your teammates remember you? Were you reliable? Were you encouraging? Were you someone people wanted to be around? Athletics is an extension of the classroom and also applies so often to real-life situations. Keep this in mind as you move on to your next opportunity to be a good teammate, a good classmate, and a good person.



### Sagamore 1st Team All-Conference Banquet

The Sagamore 1st Team All-Conference Banquet will be TONIGHT, October 30th at Lebanon HS at 7:00 PM. All 1st Team selections should be ready to leave by mid-bus this evening by 6:30 PM. Please be on time and dressed in Sunday best attire. Reminder-this event is for 1st Team Athletes and their coaches only.

# SAGAMORE ALL-CONFERENCE HONORS



## 1st Team All-Conference Athletes

Kycie Steffey	Girls Cross Country
Kohen Bear	Football
Ethan Elzey	Football
Brady Hamstra	Football
Noah Lien	Football
Malachi Walden	Football
Spencer Watson	Football
Chloe Bitting (96)	Girls Golf
Clark Marti	Boys Soccer
Cortland Williams	Boys Soccer
Danica James	Girls Soccer
Liv Malicoat	Girls Soccer
Emma Reed	Girls Soccer
Laura Wire	Girls Soccer
Kate Eastman	Volleyball
Izzy Masten	Volleyball
Caroline Ward	Volleyball

## 2nd Team All-Conference Athletes

Bison Lowe	Boys Cross Country
Alexander Matthews	Boys Cross Country
Kylee Regalado	Girls Cross Country
Thadd Brown	Football
Jack Catt	Football
Hank Haste	Football
Peyton Hays	Football
Cole Morgan	Football
Max Ward	Football
Macey Mohr (99)	Girls Golf
Ava Donald (107)	Girls Golf
Hallie Phillips (108)	Girls Golf
Chase Bradley	Boys Soccer
Kade Clayton	Boys Soccer
Alix Jeter	Girls Soccer
Adi Melton	Girls Soccer
Abi Samm	Girls Soccer
Jailyn Weinbrecht	Girls Soccer
Lainey Brauman	Volleyball
Ryane Spoonemore	Volleyball



# COACH WORL'S WORLD



Quote

Monday 10/30

Tuesday 10/31

Wednesday 11/1

Thursday 11/2

Friday 11/3

"A coach is someone that sees beyond your limits and guides you to greatness."

-Michael Jordan

APE: Max Effort Lower Body

After School Sprints & Strength Training  
3:50 - 4:45p

APE: Max Effort Upper Body

After School Sprints & Strength Training  
3:50 - 4:45p

APE: Jump Progressions & Sprints on the Turf

After School Sprints & Strength Training  
3:50 - 4:30p

APE: Dynamic Effort Lower Body

After School Sprints & Strength Training  
3:50 - 4:45p

APE: Dynamic Effort Upper Body

After School Sprints & Strength Training  
3:50 - 4:45p





## IMPORTANT DATES

- The 1st Collegiate Signing Ceremony will be Wednesday, November 8th in the Auditorium at 4:30 PM.
- The TW Fall Awards Program will be Monday, November 13th in the Main Gym at 6:30 PM.

## WEEK IN REVIEW

- Varsity Football defeated North Montgomery, 42-6
- Varsity Volleyball lost to Providence in the IHSAA Semi-State, 1-3

## TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



*Click here for more information on 2023-24 All-Sports Passes*



# CONGRATULATIONS TO THESE BRUINS

**Congratulations to Varsity Football for defeating North Montgomery in the IHSAA Sectional Semi-Final**



# UPCOMING EVENTS

## **Monday, October 30**

First Official Practice Wrestling

## **Tuesday, October 31**

*No Events*

## **Wednesday, November 1**

*No Events*

## **Thursday, November 2**

6:00/7:30 PM Girls JV/Varsity Basketball vs Southmont, **HOME, TWHS Main Gym**

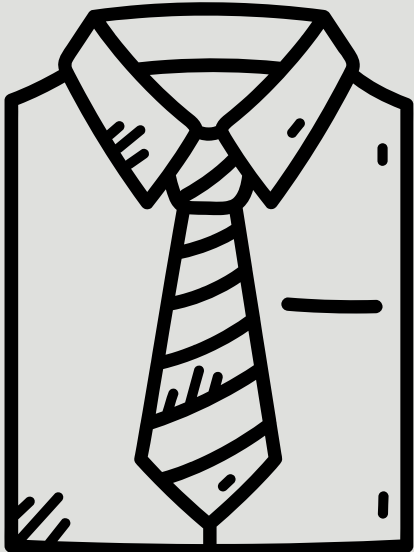
## **Friday, November 3**

7:00 PM Varsity Football IHSAA Sectional Championship @ Monrovia

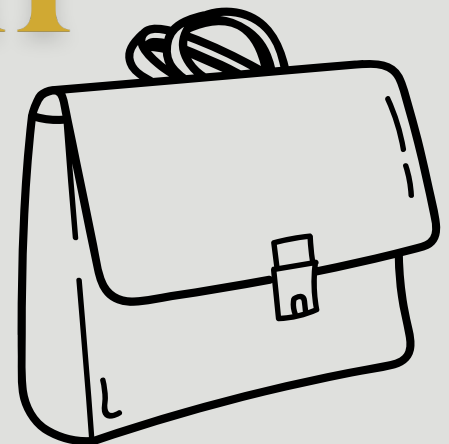
## **Saturday, November 4**

4:30 PM Competition Cheer IASP State Championship @ New Castle High School (TW will compete at 5:12 PM)

## **FRIDAY'S FOOTBALL THEME**



# BUSINESS TRIP





# Visit **TRI-WEST!**

OPEN HOUSE:

SATURDAY, NOV. 18, 2023 2-5PM

Meet our exceptional educators. Tour our facility.  
Learn about the endless opportunities at Tri-West.

[www.hendricks.k12.in.us.com](http://www.hendricks.k12.in.us.com)

# Jeff Gordon Legacy Plaza Bricks

## TRI-WEST HIGH SCHOOL

BE A PART OF HISTORY - BUY AN ENGRAVED BRICK TO BE PLACED AT THE MAIN ENTRANCE OF OUR BEAUTIFUL STATE BANK STADIUM

NAME

PHONE

EMAIL



### BRICK INFORMATION

Please print legibly. Maximum of 18 characters (including spaces) per line. If you wish to put a corporate logo on your brick order there will be a \$50 service fee. Make checks payable to Tri-West High School Athletics. The Athletic Department will reach out with further information. Please complete the form and return to: Tri-West High School, Attn. Scott Knapp, 7883 North State Rd., 39 Lizton, IN 46149.

LINE 1 TEXT

LINE 1 TEXT

LINE 1 TEXT

----- 8 X 8 BRICK \$500



----- 4 X 8 BRICK \$250



#### LOGO (8 X 8 BRICK(S) ONLY)

Baseball	Softball	Cross Country	Golf
Soccer	Tennis	Swimming	Volleyball
Wrestling	Cheerleading	Track	Corporate
Basketball	Band	Football	Bruin