

TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 2 - 2023, Volume 24

December 18, 2023

[@triwestsports](#)

[Tri-West Athletic Website](#)

Building Tomorrow's Leaders Today

MESSAGE FROM THE ATHLETIC DIRECTOR

Girls Basketball Celebrates Teachers

The Girls Basketball team honored some of our outstanding teachers, staff, and administration on Teacher Appreciation Night. Thank you to all of our fantastic teachers and staff for having an impact on our student-athletes.



Mr. Scott Knapp
Tri-West Athletic Director



WEEK IN REVIEW

- Boys Freshman Basketball defeated Crawfordsville, 41-34
- Wrestling lost to Western Boone, 36-48
- Boys Swimming & Diving defeated Frankfort, 141-32
- Girls Swimming & Diving lost to Frankfort, 79-91
- Boys Freshman Basketball defeated Frankfort, 43-28
- Girls JV Basketball defeated Benton Central, 53-45
- Girls Varsity Basketball lost to Benton Central, 46-56
- Boys Freshman Basketball defeated Greenwood Christian, 45-41
- Wrestling finished 8th out of 17 teams at the McKee Memorial Invite
- Boys Swimming & Diving finished 3rd at the Hendricks Regional Health Invite
- Girls Swimming & Diving finished 5th at the Hendricks Regional Health Invite
- Girls JV Basketball defeated Lafayette Central Catholic, 33-12
- Girls Varsity Basketball lost to Lafayette Central Catholic, 38-46
- Boys JV Basketball defeated Benton Central, 55-30
- Boys Varsity Basketball defeated Benton Central, 65-62

SWIMMING SENIOR NIGHT



CLASS OF
2024

COACH WORL'S WORLD



Quote

"When you have a clear vision of your goal, it's easier to take the first step toward it."

-L.L. Cool J

Monday 12/18

Strength Training:
Max Effort Lower Body

10 - 11a

Tuesday 12/19

Strength Training:
Max Effort Upper
Body

10 - 11a

Wednesday 12/20

Sprints & Jumps:

10 - 11a

Thursday 12/21

Strength Training:
Dynamic Effort Total
Body

10 - 11a

Friday 12/22

CLOSED

SQUAT - FEMALES

1	EMMA FRYE	#260
2	JOHANELIS FERNANDEZ	#220
3	DANICA JAMES	#215
4	EMMA HULL	#210
4	KYLEE REGALADO	#210

DO YOUR JOB

TB DEADLIFT - FEMALES

1	KENZIE THACKER	#295
2	EMMA FRYE	#275
3	EMMA HULL	#265
4	JOHANELIS FERNANDEZ	#255
5	DANICA JAMES	#245

DO YOUR JOB

BENCH - FEMALES

1	DANICA JAMES	#150
2	LIV MALICOAT	#140
3	EMMA FRYE	#135
3	EMMA HULL	#135
5	ANIYAH ANTHONY	#125

DO YOUR JOB

SQUAT - MALES

1	SEAN HILL	#425
1	TOBIN PETERSON	#425
1	COEN SMITH	#425
4	TRAE HUNT	#405
5	KALEB PFEIFER	#385

DO YOUR JOB

TB DEADLIFT - MALES

1	KALEB PFEIFER	#495
2	CHASE HOLLAND	#475
2	SPENCER WATSON	#475
4	CHRIS CRUM	#455
4	ADAM MATHEWS	#455

DO YOUR JOB

BENCH - MALES

1	COEN SMITH	#315
2	ADAM MATHEWS	#275
3	GRIFFIN COLE	#265
3	SEAN HILL	#265
3	TOBIN PETERSON	#265

DO YOUR JOB

CONGRATULATIONS TO THESE BRUINS



**Congratulations to Boys Basketball for defeating
Benton Central**



**Congratulations to Boys Swimming for defeating
Frankfort**

UPCOMING EVENTS

Monday, December 18

No Events

Tuesday, December 19

6:00/7:30 PM Boys JV/Varsity Basketball @ Harrison (West Lafayette)

Wednesday, December 20

6:00 PM Boys Freshman Basketball vs Monrovia, **HOME, TWHS Main Gym**

Thursday, December 21

6:00 PM Wrestling vs Pike, **HOME TWHS Main Gym**

Friday, December 22

10:00 AM/12:00 PM Girls JV/Varsity Basketball @ Ivy Tech Holiday Invitational vs Bloomington South @ Whiteland

4:00/4:00 PM Girls JV/Varsity Basketball @ Ivy Tech Holiday Invitational @ Whiteland

Saturday, December 23

No Events



Hitting Camp

KNOCK THE DUST OFF



**@BRUIN ACTIVITY CENTER
(NORTH END OF FOOTBALL STADIUM)**

saturday, january 13th 4-6 PM

ALL AGES (4-12) CHECK IN AT 3:30, DOOR 1

\$25 FOR FIRST CHILD

• **\$20 EVERY OTHER SIBLING**



**SIGN UP TODAY-
REGISTRATION ENDS JAN 10TH**

Jeff Gordon Legacy Plaza Bricks

TRI-WEST HIGH SCHOOL

BE A PART OF HISTORY - BUY AN ENGRAVED BRICK TO BE PLACED AT THE MAIN ENTRANCE OF OUR BEAUTIFUL STATE BANK STADIUM

NAME

PHONE

EMAIL



BRICK INFORMATION

Please print legibly. Maximum of 18 characters (including spaces) per line. If you wish to put a corporate logo on your brick order there will be a \$50 service fee. Make checks payable to Tri-West High School Athletics. The Athletic Department will reach out with further information. Please complete the form and return to: Tri-West High School, Attn. Scott Knapp, 7883 North State Rd., 39 Lizton, IN 46149.

LINE 1 TEXT

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----- 8 X 8 BRICK \$500



----- 4 X 8 BRICK \$250



LOGO (8 X 8 BRICK(S) ONLY)

Baseball	Softball	Cross Country	Golf
Soccer	Tennis	Swimming	Volleyball
Wrestling	Cheerleading	Track	Corporate
Basketball	Band	Football	Bruin