

# TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 1 - 2022, Volume 6

August 29, 2022

[@triwestsports](#)

[Tri-West Athletic Website](#)

## MESSAGE FROM THE ATHLETIC DIRECTOR

### Football Friday Night



What a perfect night for football at our beautiful State Bank Stadium this past Friday. While the game did not end the way we wanted it to, we still had much to celebrate. I am grateful to all of our event workers, the Marching Blue Alliance, our cheerleaders, and our community for contributing to making Friday nights special. The beautiful facilities are an asset to this school corporation and community, of which we should all be very proud.



*Mr. Scott Knapp  
Tri-West Athletic Director*

I was, however, disappointed in the way the bleachers and grass areas were left for our dedicated custodial crew to clean up. This Friday we have an opportunity to improve. Please, take time to put your trash in the many trash cans we have set out for your convenience. If we all do our part, we enable our hardworking custodial staff to get home at a reasonable hour. Let's all take **ownership** in keeping the facilities looking great!



### Boys and Girls Cross Country Take Challenges in Stride



I want to highlight our Boys and Girls Cross Country teams for their hard work and improvements each week. These teams have been competing against much larger schools in some of the most competitive meets and invitationals in the state. They have competed at a high level and have represented our school with pride. Good luck to both teams as they continue a rigorous competitive schedule for the remainder of their regular season.

# BRUINS IN THE COMMUNITY



Friday at halftime of our Varsity Football game, we highlighted our Special Olympic Athletes in a trike relay race. A special thank you to our Girls Basketball Team for making this event run smoothly. We are proud of all our student-athletes and Special Olympians who were showcased.

## Meet Mr. Michael Butler

**Introducing Mr. Butler, our Fall Event Supervisor. Mr. Butler will assist the Tri-West Athletic Department by helping oversee Home events when we are hosting multiple sporting events on the same night. We appreciate all that Mr. Butler does to help ensure all our events run smoothly.**



There are still several PAID opportunities to help our Athletic Department this Fall. Ticket takers and other event workers help make our events happen! Contact the Athletic Department or sign up on EventLink [here](#).

## STATE BANK STADIUM GATE ENTRY

With the completion of the south parking lot, the **SOUTH GATE** will be the entry point for all **HOME Boys and Girls Soccer Games and JV Football Games, and Middle School Football games**. Please plan on parking in the **SOUTH** lot and entering in the **SOUTH** Gate. For **HOME Varsity Football games**, the **SOUTH Gate** will be open as well as the **NORTHWEST Gate** and the **NORTHEAST Gate**.





# WEEK IN REVIEW

- Boys Varsity Soccer lost to Greenwood, 3-5
- Girls JV Soccer lost to Brownsburg, 0-3
- Girls Varsity Soccer defeated Brownsburg, 1-0
- Freshman Volleyball lost to Avon, 0-2
- JV Volleyball lost to Avon, 0-2
- Varsity Volleyball lost to Avon, 2-3
- Girls Golf defeated Pike, 203-225
- Girls Varsity Soccer defeated Western Boone, 4-0
- Girls JV Soccer defeated Western Boone, 1-0 in a shortened game due to weather
- Boys Varsity Soccer defeated Cardinal Ritter, 4-1
- Boys JV (1 Half) Soccer tied with Cardinal Ritter, 1-1
- JV Volleyball defeated Lebanon, 2-1
- Varsity Volleyball defeated Lebanon, 3-0
- Varsity Football lost to Brebeuf Jesuit, 8-36
- Boys Cross Country finished 15th out of 18 teams at the Franklin Invitational
- Girls Cross Country finished 15th out of 15 teams at the Franklin Invitational
- Girls Golf finished 12th out of 13 teams at the Lebanon Invitational
- JV Football lost to Brebeuf Jesuit, 24-34
- Girls JV Soccer lost to Plainfield, 1-6

## TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



[Click here for more information on 2022-23 All-Sports Passes](#)



# COACH WORL'S WORLD

## WEIGHT ROOM SCHEDULE - AUGUST

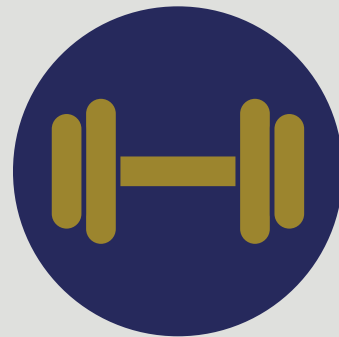
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 <b>No School</b>	2 <b>No School</b>	3 <b>No School</b>	4 APE: meet in Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	5 APE: meet in Weight Room After School: 3:50 - 5p	6
7	8 APE: Locks After School: 3:50 - 5p	9 APE: Pre-Tests After School: 3:50 - 5p Cheer: 5 - 6p	10 APE: Pre-Tests After School: 3:50 - 4:30 (Speed Training on track)	11 APE: Pre-Tests After School: 3:50 - 5p Cheer: 5 - 6p	12 APE: Pre-Tests After School: 3:50 - 5p	13
14	15 APE: Weight Room Weekly Theme Discussion After School: 3:50 - 5p	16 APE: Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	17 APE: Sprint Pre-Tests After School: 3:50 - 4:30p (Outside)	18 APE: Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	19 APE: Bruins Team Camp Draft Day & Rules After School: 3:50 - 5p	20
21	22 APE: Weight Room Weekly Theme Discussion After School: 3:50 - 5p	23 APE: Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	24 APE: Athletic Enhancement After School: 3:50 - 4:30p (Outside)	25 APE: Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	26 Elearning Day	27
28	29 APE: Weight Room Weekly Theme Discussion After School: 3:50 - 5p	30 APE: Weight Room After School: 3:50 - 5p Cheer: 5 - 6p	31 APE: Athletic Enhancement After School: 3:50 - 4:30p (Outside)			

### APE (Advanced Physical Education) Weekly Theme

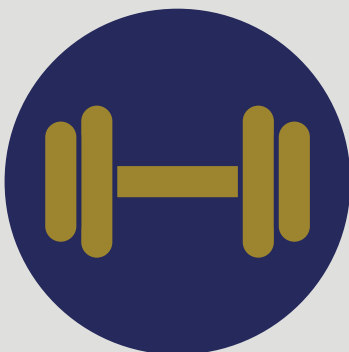
## TOUGHNESS

Physical toughness means being willing to play through minor bumps and bruises that are a part of the game.

Mental toughness means not being afraid to make a mistake.



### 1st Period APE Class

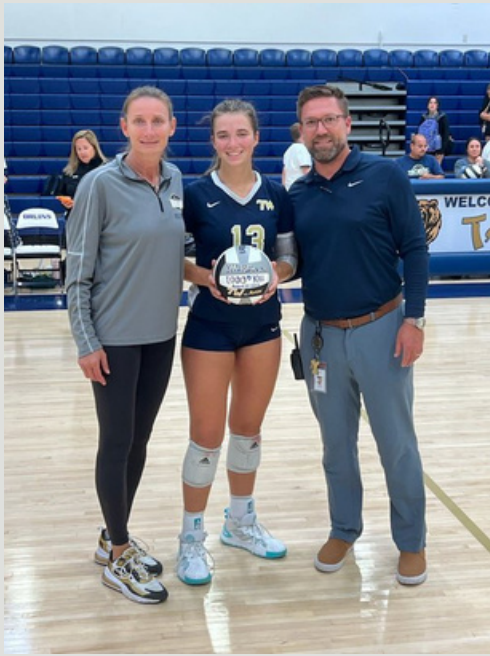




# CONGRATULATIONS TO THESE BRUINS



Congratulations to our Girls Varsity Soccer team for defeating Brownsburg and Western Boone



Congratulations to Elle Patterson for achieving her 1,000th career kill in the Varsity match against Avon!



Congratulations to Varsity Volleyball for defeating Western Boone



Congratulations to Boys Soccer for defeating Cardinal Ritter



Congratulations to Girls Golf for defeating Pike

# UPCOMING EVENTS

## Monday, August 29

6:00/7:45 PM Girls Varsity/JV (1 Half) Soccer @ Mooresville

6:00/7:15 PM JV/Varsity Volleyball vs. Heritage Christian, **HOME, TWHS Main Gym**

## Tuesday, August 30

5:00 PM Girls Golf @ Crawfordsville/North Putnam (Twin Bridges Golf Club)

5:30/7:15 PM Boys Varsity/JV (1 Half) Soccer @ Danville

6:00 PM Freshman Volleyball vs. Bishop Chatard, **HOME, TWHS Auxiliary Gym**

6:00/7:15 PM JV/Varsity Volleyball vs. Bishop Chatard, **HOME, TWHS Main Gym**

## Wednesday, August 31

6:00 PM Freshman Volleyball vs. McCutcheon, **HOME, TWHS Main Gym**

6:00 PM Girls JV Soccer @ North Central

## Thursday, September 1

4:30 PM Girls Golf vs. Western Boone, **HOME (West Chase), Senior Night**

5:30 /7:15 PM Boys Varsity/JV (1 Half) Soccer @ Brownsburg

6:00/6:00/7:15 PM F/JV/Varsity Volleyball @ Plainfield

## Friday, September 2

7:00 PM Varsity Football vs. Frankfort, **HOME, Space Galaxy Theme**



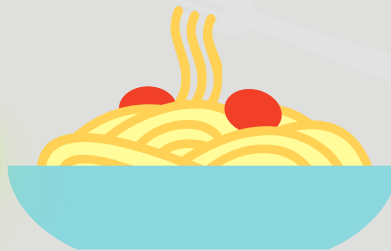
## Saturday, September 3

8:30 AM B/G Cross Country @ Brownsburg Invitational (Brownsburg High School)

9:00 AM Freshman Volleyball @ McCutcheon Invitational (McCutcheon High School)

10:00/11:45 AM Boys Varsity/JV (1 Half) Soccer vs. Crawfordsville, **HOME, State Bank Stadium**

THIS  
FRIDAY



## SPAGHETTI DINNER

**September 2nd, 5-7 PM**

**Tri-West Cafeteria**

**Enter through Doors 2 or 5**

All donations and proceeds go to the family of Brook Parker,  
TW Senior Cheerleader battling AML

