

TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 1 - 2023, Volume 43

May 22, 2023

[@triwestsports](#)

[Tri-West Athletic Website](#)

MESSAGE FROM THE ATHLETIC DIRECTOR

Boys Track Athletes Advancing to IHSAA Regional

Congratulations to our Boys Track Team. We had three athletes get out of the IHSAA Sectional and advance to the IHSAA Regional.

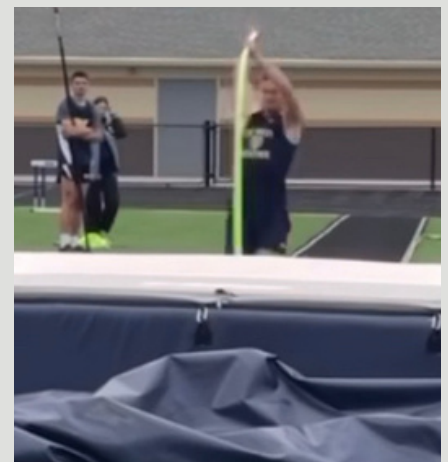
Advancing to the Regional:

Logan Anderson - Long Jump
Brock DeBello - 400 Meter Dash
Bennett Schirmer - Pole Vault



Mr. Scott Knapp
Tri-West Athletic Director

The IHSAA Regional will take place this Thursday at Lafayette Jefferson High School. Best of Luck to these Bruins!



SOFTBALL SENIOR NIGHT



C O N G R A T S

UPCOMING DATES TO REMEMBER

Please mark your calendars with these upcoming dates:

June 1 at 6:00 PM - Sagamore Conference Banquet (Lebanon High School)

June 7 at 6:30 PM - TW Spring Athletic Awards Program (TWS Main Gym)

COACH WORL'S WORLD

	Monday 5/22	Tuesday 5/23	Wednesday 5/24	Thursday 5/25	Friday 5/26
	After School Strength Training 3:50p - 4:45p (All Athletes)	After School Strength Training 3:50p - 4:45p (All Athletes)	CLOSED	CLOSED	CLOSED

	Monday 5/29	Tuesday 5/30	Wednesday 5/31	Thursday 6/1	Friday 6/2
	 CLOSED	Football 5-7p	MS/HS - Open Athlete 8-9a Power Club 9-10a Football 5-7p	Swim 7-8a Football 5-7p	CLOSED

Summer 2023 Bruins Power Club

Who: Grades K - 8 (boys & girls)

When: May 31st - July 20th (minus Moratorium Week July 4th & 6th)

What: Long-Term Athletic Development

- Fundamental Movement
- Movement Vocabulary
- Balance & Stability
- Dynamic Movement
- Plyometric Technique
- Speed Technique

Days: Monday & Wednesday ONLY

Time: 9:00a - 9:45a

Where: TWHS Turf Field - State Bank Stadium (please bring water)

Cost: \$10 cash per child. Pay as you attend.

If you have any questions about the Bruins Power Club please contact Coach Worl at Tri-West High School:

Phone - 317.994.4043

Email - worlsc@hendricks.k12.in.us

Registration can be in-person at the beginning of Bruins Power Club.

Sign Up Form

I hereby give consent for my child to participate in the Tri-West Strength and Speed Camp. I agree that any personnel associated with the camp will not be held liable for injury sustained while at camp. In the event of injury, I authorize the staff to act in the best interest of my child and to obtain any medical help needed. I do understand that I am fully responsible for all financial obligations. Furthermore, I do state that my child does have medical insurance in case of such an emergency.

STUDENT NAME _____

GRADE _____

PARENT/GUARDIAN _____

CONTACT # IN CASE OF EMERGENCY _____

PARENT SIGNATURE _____

WEEK IN REVIEW

- Boys Golf defeated North Montgomery and Danville, 162-169-175
- JV Baseball lost to North Montgomery, 0-3
- Varsity Baseball defeated North Montgomery, 4-2
- Varsity Softball defeated North Montgomery, 20-0
- Boys JV Golf defeated Southmont, 190-230
- Boys Varsity Golf lost to Southmont, 159-170
- Girls Track & Field finished 10th out of 10 teams in the IHSAA Sectional. Complete results can be found [here](#).
- JV Baseball lost to North Montgomery, 6-11
- Varsity Baseball defeated North Montgomery, 6-4
- JV Softball defeated Zionsville, 6-5
- Varsity Softball defeated North Montgomery, 18-0
- Boys JV Golf defeated Western Boone, 181-210
- JV Softball lost to Center Grove, 5-13
- Varsity Softball lost to Center Grove, 7-3
- JV Baseball defeated Brebeuf, 14-4
- Varsity Baseball lost to Brebeuf, 3-10
- Boys Golf defeated Monrovia, 164-171
- Boys Track & Field finished 7th out of 11 teams in the IHSAA Sectional. Complete results can be found [here](#).
- Varsity Baseball defeated Western Boone, 3-1

CONGRATULATIONS TO THESE BRUINS



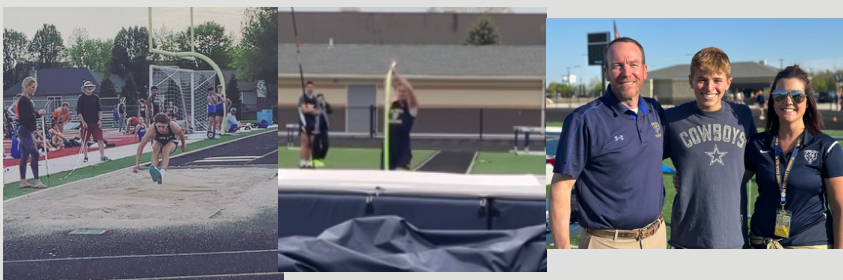
Congratulations to Varsity Baseball on defeating North Montgomery (2x) and earning the Conference Title



Congratulations to Varsity Softball on defeating North Montgomery (2x) and earning the Conference Title



Congratulations to Boys Golf for defeating North Montgomery, Danville, and Monrovia



Congratulations to our Boys Track Athletes advancing to the IHSAA Regional: Logan Anderson, Brock DeBello, and Bennett Schirmer

UPCOMING EVENTS

Monday, May 22

6:00 PM IHSAA Softball Sectional Game #1: Crawfordsville vs Monrovia, **HOME**

Tuesday, May 23

5:30 PM IHSAA Softball Sectional Game #2: Western Boone vs Tri-West, **HOME**

7:30 PM IHSAA Softball Sectional Game #3: Lebanon vs Winner Game #1, **HOME**

Wednesday, May 24

5:00 PM IHSAA Baseball Sectional @ Crawfordsville

6:00 PM IHSAA Softball Sectional Championship: Winner Game #2 vs Winner Game #3, **HOME**

Thursday, May 25

5:00 PM IHSAA Baseball Sectional @ Crawfordsville

6:00 PM IHSAA Regional Boys Track & Field @ Lafayette Jefferson

Friday, May 26

No Events

Saturday, May 27

Tri-West High School Graduation





Tri-West Boys Basketball Camp

Click the link above for information and to register