

TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 1 - 2022, Volume 7

September 6, 2022

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MESSAGE FROM THE ATHLETIC DIRECTOR

First Senior Night, Girls Golf



We celebrated our first Senior Night of the 2022-23 School Year by honoring Girls Golfer, **Raegan Ramirez**. Congratulations on 4 years of hard work and dedication to the Girls Golf Program at Tri-West. We appreciate the time, talent, and energy you have given to your sport!



Mr. Scott Knapp
Tri-West Athletic Director

Indianapolis Colts Friday Night Football Tour

Just a reminder, this Friday's game against Western Boone will be spotlighted as a part of the Indianapolis Colts Friday Night Football Tour presented by Greensgroomer. Come out to the Indianapolis Colts Tour area before the game for the opportunity to meet Colts cheerleaders and receive a Friday Night Football Tour rally towel while supplies last. The festivities will begin at 6:00 PM on Friday. Be sure to stop by.



Also, I want to give a huge **THANK YOU** to our students, parents, and fans for how wonderful the stadium looked following our emphatic victory over Frankfort on Friday night. I was impressed by the example our students set for our younger fans in staying to pick up trash in the student section. Thank you for taking ownership and doing your part to keep our facilities looking great! Let's do it again this Friday!

BRUINS IN THE COMMUNITY



On behalf of Tri-West Cheerleading, thank you to everyone who came and made the spaghetti dinner a success!
#bbrookbrave



Shoutout to our Bruins that ran in the North Salem Old Fashioned Days 5K on Labor Day. B. Lowe was 1st overall and L. Jackowski with 1st place finish in age group.

STATE BANK STADIUM GATE ENTRY

With the completion of the south parking lot, the **SOUTH GATE** will be the entry point for all **HOME Boys and Girls Soccer Games, JV Football Games, and Middle School Football Games**. Please plan on parking in the **SOUTH LOT** and entering in the **SOUTH GATE**. For **HOME Varsity Football Games**, the **SOUTH GATE** will be open as well as the **NORTHWEST GATE** and the **NORTHEAST GATE**.



WEEK IN REVIEW

- Girls Varsity Soccer vs. Mooresville ended early due weather, 0-0
- JV Volleyball defeated Heritage Christian, 2-0
- Varsity Volleyball defeated Heritage Christian, 3-0
- Girls Golf defeated Crawfordsville and North Putnam, 213-230-226
- Boys Varsity Soccer defeated Danville, 1-0
- Boys JV (1 Half) Soccer defeated Danville, 1-0
- Freshman Volleyball lost to Bishop Chatard, 0-2
- JV Volleyball defeated Bishop Chatard, 2-0
- Varsity Volleyball defeated Bishop Chatard, 3-0
- Girls JV Soccer lost North Central, 1-6
- Girls Golf lost to Western Boone, 206-203
- Boys Varsity Soccer lost to Brownsburg, 1-9
- Boys JV (1 Half) Soccer lost to Brownsburg, 0-3
- Freshman Volleyball lost to Plainfield 0-2
- JV Volleyball lost to Plainfield, 1-2
- Varsity Volleyball defeated Plainfield, 3-0
- Varsity Football defeated Frankfort, 55-6
- Boys and Girls Cross Country competed in the Brownsburg Invitational. The Top 5 Boy Finishers for Tri- West were as follows: Bison Lowe, 54th; Stone Robinson, 68th; Xzavier Ingram, 71st; Brock DeBello 81st; and Trevor Jones, 84th out of 134 Varsity Boy Runners. The Top 5 Girls Finishers for Tri-West were as follows: Hannah Townsend, 58th; Lucy Walters, 73rd; Ella Hull, 76th; Kassi Jackson, 77th; and Taylor Hortsmann, 79th out of 113 Varsity Girl Runners.
- Freshman Volleyball went went 1-2 in the McCutcheon Invitational, winning against Crawfordsville and losing to North Central and McCutcheon
- Boys Varsity Soccer defeated Crawfordsville, 3-2
- Boys JV (1 Half) Soccer vs. Crawfordsville, 0-0
- JV Football defeated Frankfort, 56-0

TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



[Click here for more information on 2022-23 All-Sports Passes](#)



COACH WORL'S WORLD

WEIGHT ROOM SCHEDULE SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	1 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	2 APE: Vertical and 40 testing After School - 4:45p	3	4
5 CLOSED: Labor Day Football: 11 - 11:45a	6 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	7 APE: Strength Training Team Competition After School - 4:30p	8 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	9 APE: Strength Training After School - 4:45p	10	11
12	13	14	15	16	17	18
19 APE: Strength Training After School - 5p	20 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	21 APE: Competition Day - Turf After School - 4:30p	22 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	23 APE: Strength Training After School - 4:45p	24	25
26 APE: Strength Training After School - 5p	27 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	28 APE: Athletic Enhancement After School - 4:30p	29 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	30 APE: Strength Training After School - 5p	1	2
3	4	5	6	7	8	9

APE (Advanced Physical Education) Weekly Theme

EFFORT



2nd Period APE Class

Effort is one of the qualities over which each person has complete control. It is one of the major keys to success and represents the heartbeat of a team.



CONGRATULATIONS TO THESE BRUINS



Boys Varsity Soccer for defeating Sagamore Conference opponents Danville and Crawfordsville



Congratulations Girls Golf for defeating Crawfordsville and North Putnam



Congratulations Varsity Volleyball for defeating Heritage Christian, Chatard, and Plainfield



Congratulations Varsity Football for defeating Frankfort

UPCOMING EVENTS

Monday, September 5

No School, Labor Day

Tuesday, September 6

4:45 PM Girls Golf @ Danville/University (*Wood Wind Golf Club*)

5:30/7:15 PM Boys Varsity/JV (1 Half) Soccer @ Covenant Christian

6:00/7:45 PM Girls JV/Varsity Soccer vs. Pike, **HOME, State Bank Stadium Turf Field**

6:00/7:15 PM JV/Varsity Volleyball vs. Southmont, **HOME, TWHS Main Gym**

Wednesday, September 7

4:00 PM Girls Golf vs. Avon/Brownsburg, **HOME, (West Chase Golf Club)**

6:00/7:15 PM JV/Varsity Volleyball vs. Frankfort, **HOME, TWHS Main Gym**

Thursday, September 8

6:00/6:00/7:15 PM F/JV/Varsity Volleyball @ Carmel

6:00/7:45 PM Varsity/JV (1 Half) Boys Soccer vs. Cascade, **HOME, State Bank Stadium Turf Field**

Friday, September 9

7:00 PM Varsity Football vs. Western Boone, **HOME, State Bank Stadium, Youth League & Middle School Night; Indianapolis Colts Football Tour; Neon Night Theme**

Saturday, September 10

9:00 AM B/G Cross Country @ Ben Davis Invitational (Ben Davis High School)

9:00 AM JV Volleyball @ Sagamore Conference Tournament (Southmont High School)

10:00 AM/12:00 PM Girls JV/Varsity Soccer @ West Lafayette

10:00 AM JV Football @ Western Boone

10:00 AM Girls Golf @ Sagamore Conference Championship (Crawfordsville Country Club)

11:30 AM Boys JV Soccer @ Lebanon JV Invitational



NEON NIGHT