

## **Hamilton Junior / Senior High**



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Tony Cassel Superintendent

**Greg Piatt** Principal

**Garry May** Athletic Director **Taylor Brown** School Counselor Lori Zimmerman Office Manager

May 30, 2023

**RE:** Summer Information for Athletics

Dear Marines,

It is hard to believe that another school year is coming to a close and we are gearing up for next year!

The Hamilton Community School Athletic Department will be holding a **MANDATORY** orientation meeting for all student-athletes and parents/guardians on Wednesday, July 26<sup>th</sup> at 7:00pm. Please enter through Door 1 / HS Main Entrance as the meeting will take place in the main gymnasium.

You will receive information on:

- Parent and Student-Athlete Expectations
- Eligibility Requirements
- Student-Athlete Code of Conduct
- Final Forms Registration Process
- Bigger, Faster, Stronger Program Implementation

### **NEW THIS YEAR:**

In addition to this year's kickoff orientation, representatives from the Cameron Medical Group will be hosting a sports physical clinic for all middle school and high school student-athletes from 3pm-6:30pm. Appointments are necessary and more information is attached to this correspondence. As a reminder, a physical must be on file with the Athletic Office for the student-athlete to be eligible to participate.

### **IMPORTANT DATES:**

Summer Conditioning – Week 1 | June 12-15<sup>th</sup> at 7:00am-8:30am Summer Conditioning – Week 2 | June 19-22<sup>nd</sup> at 7:00am-8:30am

Summer Conditioning – Week 3 | June 26-29<sup>th</sup> at 7:00am-8:30am **IHSAA MORATORIUM – July 3-8<sup>th</sup> (NO ACTIVITIES)** 

HCS MORATORIUM – July 10-15<sup>th</sup> (NO ACTIVITIES)

Summer Conditioning – Week 4 | July 17-20th at 7:00-8:30am

Summer Conditioning – Week 5 | July 24-27<sup>th</sup> at 7:00am-8:30am

KICK OFF ATHLETIC MEETING – July 26th (Physicals @ 3:00-6:30pm / Athletic Meeting @ 7:00pm)

Fall Sports First Day of Practice – July 31st (HS Volleyball, HS Cross Country)

First Day of Classes - August 9th

It takes a village to provide the best environment for our youth at Hamilton. HCS recognizes that you are the most valuable members of your student-athlete's experience. After the main orientation, there will be a chance to meet and greet our coaching staff. We are excited to see you there.

GO MARINES!

GM,

Garry May Athletic Director

# Hamilton Community Schools

# SPORTS PHYSICAL CLINIC





Cameron Medical Group will be hosting a sports physical clinic at Hamilton High School for all middle and high school student athletes.

July 26th from 3 - 6:30pm



\$25 (cash or check)



Download the form using the following QR code



or pick up at your school's office



Please bring your completed form and money the day of your physical



(260) 667-5774

kcaswell@cameronmch.com

