

# **2024-2025 HSE Int & JH Athletic Info**

**In order to participate in any team activities *(including over the summer)*,**

**ALL students MUST be registered in FINAL FORMS:**

- 1. Create a Final Forms account <https://hamiltonsoutheastern-in.finalforms.com/>  
*(If you already have an account, do NOT create a new one.....instead just simply login & add your JH student)***
- 2. Confirm account, select sports & complete all forms.**
- 3. IHSA Physical Form dated on or after APRIL 1<sup>st</sup> 2024 must be uploaded on Final Forms (preferred)  
or turn in paper copy to your child's Coach or Athletic Director.**

**2024 Fall Sports Info - Subject to change. Check website for updates/changes ([www.hsepanthers.com](http://www.hsepanthers.com))**

## **7<sup>th</sup>/8<sup>th</sup> grade Cheerleading**

Tryouts were held last spring for the 2024 Fall season. Winter '24-'25 tryout information coming soon....

## **7<sup>th</sup>/8<sup>th</sup> grade Football (no cuts)**

Summer OTAs (Optional Team Activities – NO HELMETS OR PADS)

- Wednesday nights starting 6/19/24 – 7/24/24 (EXCLUDING 7/3)
- 7:00-8:30pm @ HIJH Practice Field

Parent & Player Meeting/Equipment Pick Up:

- Thursday, July 25<sup>th</sup> 2024 @ HIJH Main Gym
- 7<sup>th</sup> Grade 5:30-6:15pm 8<sup>th</sup> Grade 6:30-7:15pm
- Enter door #3 (Athletic entrance) on south side of school

1<sup>st</sup> Official Practice:

- Monday, July 29<sup>th</sup> 2024 @ HIJH Practice Field
- Practices are 6:00-8:00pm during week of 7/29 (except for Wednesday 7/31, no practice that day)
- Starting the week of 8/5, practices are every weekday (excluding game days) from 4:15-6:15pm (end times may vary later in season).
- Pickup/Drop off is to be in the NORTH parking lot near Cyntheanne Park. Players will meet by the mini-barn.

## **6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> grade Boys & Girls Cross Country (no cuts)**

- First official practice: Thursday, August 1<sup>st</sup> 2024 @ HIJH from 4:10-5:30pm
- Practices are Monday-Friday from 4:10-5:30pm (excluding meet days).
- Runners should meet outside by the entrance to the football stadium (next to the tennis courts).
- All runners required to purchase team uniform (returning runners can use last year's uniform).

## **7<sup>th</sup>/8<sup>th</sup> grade Girls Volleyball**

Optional Summer Open Gyms (subject to change): Monday, July 29<sup>th</sup> & Tuesday, July 30<sup>th</sup> from 5:30-7:00pm @ HIJH

Tryouts: Thursday, August 1<sup>st</sup> & Friday, August 2<sup>nd</sup> 2024 @ HIJH Main Gym

- 7<sup>th</sup> grade tryouts: 4:00-6:00pm / 8<sup>th</sup> grade tryouts: 6:30-8:30pm
- Pickup/Drop off is to be at DOOR #3 (Athletic entrance) in the SOUTH lot
- Teams made up of approximately 10-12 players at each grade level.
- Starting the week of 8/5, practices are every weekday (excluding match nights), after school from 4:15-6:15pm

## **7<sup>th</sup>/8<sup>th</sup> grade BOYS Tennis (Girls Tennis is a SPRING SPORT)**

Tryouts: Monday, August 5<sup>th</sup> & Tuesday, August 6<sup>th</sup> @ HIJH Tennis Courts from 6:00-8:00pm

- Players should bring their own racquet & water jug.
- Team will be made up of 16-20 players total.
- Practices are Mon/Tues/Thurs from 4:15-5:30pm & 7:30-8:45am on Wednesdays (excluding match nights).
- No practices on Fridays.

Parent Meeting: TBA

## **7<sup>th</sup>/8<sup>th</sup> grade Girls Golf**

Tryouts: Thursday, August 8<sup>th</sup> & Friday, August 9<sup>th</sup> 2024 after school (Location TBA) until 6pm.

Practices on school days - Transportation provided from school to the golf course. Players are to arrange rides home after tryouts. Parents are responsible for transportation on non-school days.

- **Players must provide their own clubs.** A team golf bag will be provided to those who make the team (max 10 girls total).
- **On school days - Golf clubs should be dropped off BEFORE school in the storage closet inside door #5 on south side of building OR parents can drop clubs off at the course no earlier than 4:15pm. Clubs cannot be taken on the regular school bus or dropped off in our main office.**