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|  VB Conditioning June | 2023 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1** | **2** | **3** |
|  |  |  |  |  |  |  |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
|  |  | **6:00 – 8:00** | **6:00 – 8:00** |  |  |  |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
|  |  | **6:00 – 8:00** | **6:00 – 8:00** |  |  |  |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
|  |  | **6:00 – 8:00** | **6:00 – 8:00** |  |  |  |
| **25** | **26** | **27** | **28** | **29** | **30** |  |
|  |  | **No Practice** | **No Practice** |  |  |  |
|  |  |  |  |  |  |  |
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