

WCHS Cheerleading Tryouts 2024-2025

Please contact Coach Groce- lgroce@cpcsc.k12.in.us with any questions.

The following tryout dates will be held at WCHS-N in the Auxiliary Gym:

- Optional Open Gym: Wednesday, March 13th- 3:30-5:00 PM
- Required Tryout Clinic: Monday, March 18th- 3:30-5:00 PM
 - Bring the completed Tryout Preference sheet (attached) to the Monday 3/18 clinic.
- Required Tryout Clinic: Wednesday, March 20th- 3:30-5:00 PM
- Final Tryouts: Thursday, March 21st
 - Athletes will be assigned a tryout number and time slot.

Whiteland Community High School Cheerleader Expectations

Our goal: *The purpose of the Whiteland High School cheerleading program is to proudly represent and support the Whiteland High School Athletic Department as effective, enthusiastic cheerleaders by producing a program based on safety and crowd participation.*

Our program follows the *Warrior Way*; Be Respectful, Be Responsible, Be Safe.

Criteria for Eligibility

- Cheerleaders must maintain the academic requirements necessary to participate in an extra-curricular activity as set forth in the Whiteland High School student handbook throughout the season they are participating. Minimum requirements: pass 70% of classes per grading period, semester grades take precedent.
- Cheerleaders must have a completed physical on file with the Athletic Department by May 2024. Cheerleaders must have a physical on file by this date in order to practice or participate in any capacity.

Required Forms: IHSAA Physical Form, Concussion and Sudden Cardiac Arrest Acknowledgment Form (must be up to date in Final Forms)

Conduct

1. The role of the cheerleaders cannot be stressed enough as they are direct representatives of Whiteland Community High School. Cheerleaders are highly visible symbols of the school. Therefore, members must conduct themselves as such at all times, in or out of uniform, in or out of season.
2. Cheerleaders should do nothing which would bring embarrassment to the school, the athletic department, the community, and most importantly, to themselves or their families.
3. Public display of affection will be kept to a minimum while in uniform (i.e. handholding). When out of uniform, use good judgment about any form of PDA. Each individual will be responsible for upholding the rules and policies that have been established in the WCHS Student Handbook.
4. What is considered misconduct is detailed in the Student Handbook in the *Student Misconduct and/or Substantial Disobedience* section and is also up to the coach's discretion about how to handle disciplinary actions (i.e. benching for part of a game or removal from the squad).
 - a. The WCHS Cheer staff wants cheerleaders being safe when it comes to drugs, alcohol and tobacco/vapes. Use of these products is not only unsafe, but does not reflect the conduct of a WCHS Cheerleader, and will not be tolerated.

Attendance

1. Examples of excused absences
 - a. Illness to the squad member or immediate family members requiring the student's travel and/or attention
 - b. Death in the immediate family
 - c. Required class obligations scheduled outside of a regular class time
2. Examples of unexcused absences
 - a. Driver's Education courses/drives
 - b. Any practice or requirement for another activity that was not communicated to a coach more than 48 hours prior
 - c. Missing school/practice without a doctor's note
 - d. Being scheduled at work
3. Coaches may excuse certain events at their discretion. Prior notice of such situations must be submitted to the coach at least 48 hours in advance. It is recognized this may not be possible when it involves illness or death in the immediate family.
4. If a member misses an event or practice with an unexcused absence, that member will be benched from cheering at the next football or basketball game at the coach's discretion.
 - a. Benching consists of sitting with the coach in the stands in uniform.
5. Missing a game or practice for a non-school related activity/sport will result in benching or removal from the squad at the coach's discretion.
6. If a member misses arranged transportation to an away event where that person has been scheduled to cheer, it is considered an unexcused absence. The cheerleader is expected to find her own transportation to the event at that point.
7. While all efforts will be made to give plenty of advance notice for practices and/or sporting events, sometimes advance notice is not possible (i.e. rescheduled games).
8. If a member attends school the day of a game or practice, that member is expected and required to attend the game or practice.
9. A student who is an in-season athlete may not leave the building during school hours to be eligible to practice or play that day. The exceptions are for an approved field trip / academic class departure or a doctor's appointment (Doctor's note must be provided). In-season athletes must be at school by 9:00 a.m. in order to participate in practices or games that evening.

Game Breakdown

All cheerleaders must attend **90% of games and practices** in order to receive their letter and awards at the end of the season.

Football cheerleaders - 8 out of 9 games, 90% of practices on calendar

Basketball cheerleaders - 12 out of 14 games, 90% of practices on calendar

Tardiness

1. Promptness is essential for the payment of items, the turning in of equipment and uniforms at the end of the season, and attending all practices and events.
2. Disciplinary actions for tardiness will be handled at the coach's discretion (i.e. benching for part of the game or removal from the squad).

To be early is to be on time, to be on time is to be late, and to be late is unacceptable.

General Expectations

1. All cheerleaders are expected to have all required articles of clothing in order to cheer at games. This includes the correct uniform top, uniform skirt, school cheer shoes, plain white socks, correct bow, and should always be 'game ready' (i.e. all hair up, slicked back, and red lipstick).
2. All standards and guidelines on bullying set out in the WCHS Student Handbook will be followed. This includes physical, verbal, social/relational, written/electronic, or any combination of these types of bullying.
3. All cheerleaders social media accounts should be appropriate in nature and reflect good character.

Safety Rules

1. All [rules](#) of the NFHS will be followed.
 - a. [Participant Responsibilities](#)
2. Squad members are never to attempt a stunt without a coach present either at practice or at a game.
3. Tumbling without a coach present is not allowed.
4. Cheerleaders are expected to remove all piercings and jewelry before the start of all practices and games. If this is not done, disciplinary actions will be taken.

2024-2025 WCHS Cheerleading Tryout / Preference Sheet

Name: _____

Tryout Grade: _____

Cheer Experience: _____

Squad Preferences

★ Fall season: JV Football (Grades 9, 10, & 11) and Varsity Football (Grades 11 & 12)

★ Winter season: JV Boys Basketball (Grades 9, 10, & 11) and Varsity Boys

Basketball (Grades 11 & 12)

- Varsity Girls Basketball games will be divided between those on the JV Boys and Varsity Boys Basketball squads. It will not be a separate squad.

Rank all squads and/or squad combinations that you are willing and able to accept from most preferred to least preferred (#1 should be your first choice):

_____ JV Football only (Grades 9, 10, & 11)

_____ JV Basketball only (Grades 9, 10, & 11)

_____ JV Football and Basketball (Grades 9, 10, & 11)

_____ Varsity Football only (Grades 11 & 12)

_____ Varsity Basketball only (Grades 11 & 12)

_____ Varsity Football and Basketball (Grades 11 & 12)

YES **JUNIORS ONLY**: I will accept a JV squad if I am placed on one.

YES **JUNIORS ONLY**: I will only accept placement on a Varsity squad.

Competition squad: **YES** or **NO**

Other Fall and Winter sports you plan to participate in:
