

CPMS CHEER

Thank you for your interest in trying out for Warrior Cheerleading for the 2023-24 Winter Squads.

Please carefully read through all of the information in this packet.

Ensure that you are able and willing to FULLY COMMIT to ALL practices and games before trying out.

*** In order to be eligible to try out, the following **MUST** be completed no later than Wednesday, November 1st by 2:40 PM. Information and forms can be found at cpmssports.com:

1. A completed physical dated after April 1, 2023 must be on file with CPMS Athletics.
2. Final Forms must be filled out online.

Any questions, please email and include BOTH coaches below:

Coach Hollenbaugh: ahollenbaugh@cpcsc.k12.in.us

Coach Nobbe: mnobbe@cpcsc.k12.in.us

SQUAD INFORMATION

- There will be one 7th grade and one 8th grade squad for basketball season.
 - Approximately 8-12 cheerleaders will be selected per grade level squad through the tryout process.
 - Winter Cheerleading is considered the athlete's one winter sport. Athletes may **not** participate in another school sport during their cheer season(s)!
- **WINTER PRACTICES & GAMES**
 - Cheerleaders are required to attend ALL practices/games at all times unless out with an illness or other emergency. A parent must contact the coach in the event of a cheerleader being out from school. Activities outside of school and doctor appointments, etc. are **not** excuses for missing practices/games.
 - Cheerleaders cheer at all HOME basketball games for both "A" and "B" teams.
 - Please see the attached game and practice schedule.
 - Cheerleaders **MUST** go home after school on game days and have a ride back to CPMS in time for warm-ups at 5:00 PM.
 - Cheerleaders **MUST** be picked up from practices at 4:30 PM.
 - Failure to be picked up or dropped off on time will result in dismissal from the squad, so please ensure you have rides arranged.
 - If a team makes it to Mid-State or County Finals, it is possible that cheerleaders will travel to away games for the tournament.
 - **SQUAD EXPECTATIONS**
 - All students who make a squad are expected to exemplify the "*leader*" in "cheerleader."
 - Cheerleaders are representing not only Warrior Cheerleading, but CPMS as a whole, and will be expected to follow the Warrior Way on and off of the sidelines (in class, in social settings, etc.).
 - The CPMS Cheer program requires that cheerleaders put in an immense amount of time, effort, and energy into practicing at home, in addition to team practices, to keep up with required cheers, sidelines, and dances, as well as improve cheer skills.
 - **Be sure that you are able and willing to uphold the behavior and effort expectations before trying out.** Failure to adhere to these expectations will result in removal from the squad.

📣 TRYOUT PROCESS

- Google Classroom: BEFORE tryouts, join our CPMS Cheer Google Classroom, which will have tips for tryouts and suggestions on how to improve skills, as well as material that must be performed at tryouts, so the sooner you join, the better!!! Join Code: **74hgwx3**
- Tryouts: **Thursday, November 2nd – 3:00-5:00 PM**
 - Results will be posted on Friday, November 3rd after 5:00 PM on Google Classroom.
- Tryouts will be held after school. Athletes must wait in their last period classroom until athletes are released and then quickly visit their locker and report to the Fieldhouse locker room. Athletes need to be **ON TIME**, dressed and ready for tryouts at 3:00 PM!!!
 - CPMS Cheer clinics and tryouts are **CLOSED** tryouts. Spectators are NOT permitted.
 - *Please plan to pick up your child promptly at Door 12 at CPMS.*
- What to bring: Participants should bring a bag to school with tryout clothes to change into after school. If an athlete does not come prepared, she/he will NOT be allowed to participate in the tryout process.
 - Tee Shirt/Tank (do not wear anything that does not cover the midriff)
 - Shorts/Athletic pants
 - Low-cut white ankle socks
 - Cheer/Gym shoes
 - Hair should be off the neck and out of the face (ponytail)
 - Absolutely NO jewelry should be worn and nails should be filed down
 - **Water bottle**- it's important that athletes bring plenty of water to clinics/tryouts to stay hydrated!!!

📣 WHAT HAPPENS IF I MAKE THE SQUAD?

- Practices begin the week of November 6th (please see the attached calendar).
- All cheerleaders will wear matching attire on game days and some practices (see season costs below).
 - All new cheerleaders will need to purchase all of the required cheer attire/accessories.
 - Returning cheerleaders will need to purchase the game day long sleeve tee, but will only have to order cheer gear, practice wear, etc. as needed (outgrown, worn-out, lost, etc.).
 - All fees will be payable to CPMS Cheer via cash, check, or money order. Payment will be due on Tuesday, November 7th.

Season Costs

Required or Optional	Item(s)	Cost
Required for ALL Cheerleaders	<u>Game Day Gear</u> <ul style="list-style-type: none"> • Long sleeve tee 	\$25
Required for new and returning cheerleaders who did NOT cheer for the 2023 Football Season	<u>Practice Wear</u> <ul style="list-style-type: none"> • Practice Tank 	\$25 (includes shipping)
Required for NEW Cheerleaders (individual price available for returning cheerleaders)	<u>Cheer Gear Package</u> <ul style="list-style-type: none"> • Spankies • Bodyliner • Bow • Cheer Shoes 	\$150 (includes shipping)

All cheerleaders will need the following items for games and/or practices, which will need to be purchased on your own:

- **White racer-back sports bra**
- **White low-cut ankle socks** (no branding should be visible)
- **Black knit cheer shorts for females** (Soffe brand or similar)/ **Black athletic shorts for males**

7th GRADE: CPMS Cheer Winter 2023-24 Season Calendar

*Please note, the following dates are subject to change (ie: rescheduled games due to weather, etc.). Ensure that you will have a ride to drop off/pick up promptly at the required times.

Thursday, November 2 nd	Tryouts	Pick-up no later than 5:00 PM
Monday, November 6 th	Practice	Pick-up no later than 4:30 PM
Tuesday, November 7 th	Practice	Pick-up no later than 4:30 PM
Thursday, November 9 th	Practice	Pick-up no later than 4:30 PM
Monday, November 13 th	Practice	Pick-up no later than 4:30 PM
Tuesday, November 14 th	Game vs. Indian Creek	Drop off no later than 5:00 PM
Thursday, November 16 th	Game vs. John Wooden	Drop off no later than 5:00 PM
Monday, November 20 th	Practice	Pick-up no later than 4:30 PM
Monday, November 27 th	Practice	Pick-up no later than 4:30 PM
Thursday, November 30 th	Game vs. Franklin	Drop off no later than 5:00 PM
Monday, December 4 th	Game vs. Paul Hadley	Drop off no later than 5:00 PM
Tuesday, December 5 th	Game vs. Center Grove North	Drop off no later than 5:00 PM
Monday, December 11 th	Practice	Pick-up no later than 4:30 PM
Monday, January 8 th	Practice	Pick-up no later than 4:30 PM
Tuesday, January 16 th	Mid-State Tournament	TBA
Wednesday, January 17 th	Mid-State Tournament	TBA
Thursday, January 18 th	Mid-State Tournament	TBA
Monday, January 22 nd	County Tournament	TBA
Tuesday, January 23 rd	County Tournament	TBA
Thursday, January 25 th	County Tournament	TBA

8th GRADE: CPMS Cheer Winter 2023-24 Season Calendar

*Please note, the following dates are subject to change (ie: rescheduled games due to weather, etc.). Ensure that you will have a ride to drop off/pick up promptly at the required times.

Thursday, November 2 nd	Tryouts	Pick-up no later than 5:00 PM
Monday, November 6 th	Practice	Pick-up no later than 4:30 PM
Tuesday, November 7 th	Practice	Pick-up no later than 4:30 PM
Thursday, November 9 th	Practice	Pick-up no later than 4:30 PM
Monday, November 13 th	Practice	Pick-up no later than 4:30 PM
Tuesday, November 14 th	Game vs. Indian Creek	Drop off no later than 5:00 PM
Monday, November 20 th	Practice	Pick-up no later than 4:30 PM
Monday, November 27 th	Practice	Pick-up no later than 4:30 PM
Tuesday, November 28 th	Game vs. New Palestine	Drop off no later than 5:00 PM
Thursday, November 30 th	Game vs. Franklin	Drop off no later than 5:00 PM
Tuesday, December 5 th	Game vs. Center Grove North	Drop off no later than 5:00 PM
Monday, December 11 th	Practice	Pick-up no later than 4:30 PM
Monday, January 8 th	Practice	Pick-up no later than 4:30 PM
Tuesday, January 9 th	Game vs. Plainfield	Drop off no later than 5:00 PM
Thursday, January 11 th	Game vs. Greenwood	Drop off no later than 5:00 PM
Tuesday, January 16 th	Mid-State Tournament	TBA
Wednesday, January 17 th	Mid-State Tournament	TBA
Thursday, January 18 th	Mid-State Tournament	TBA
Monday, January 22 nd	County Tournament	TBA
Tuesday, January 23 rd	County Tournament	TBA
Thursday, January 25 th	County Tournament	TBA