## Spring & Summer Training with



**Location:** Pleasant Crossing Elementary

Who: Athletes currently in grades 5-8 for the 2022-2023 school year

- In lieu of private lessons or semi-private groups, we will be offering weekly sessions with a maximum of 10 girls at time.
- Groups will be arranged based on previous training and playing experience as well as age, experience, etc.

## SPRING TRAINING OPPORTUNITIES

Theses Groups will be held on *Monday nights*: April 24, May 1, May 15, May 22

Group 1: Mondays from 5:00-6:30 (gr. 5 and 6)

Group 2: Mondays from 6:30-8:00 (gr. 7 and 8)

Cost = \$100 for all four sessions

These Groups will be held on the following dates: April 28 (Friday), May 5 (Friday), May 11 (Thursday), May 19 (Friday)

Group 3: Fridays (and one Thursday) from 5:00-6:30 (gr. 5 and 6)

Group 4: Fridays (and one Thursday) from 6:30 - 8:00 (gr. 7 and 8)

Cost = \$100 for all four sessions

## SUMMER TRAINING OPPORTUNITIES

SUMMER SESSION # These groups will be held on the following nights: June 2, 7, 9, 12,14, 16

Group 1 will be from 5:00-6:30 (incoming 6th and 7th graders)

Group 2 will be from 6:30-8:00 (incoming 8th and freshmen)

Cost: \$150 for all six sessions

GET IN THE GROOVE SESSION #2: These groups will be held on July 10, 12, 14, 17, 19, 21

Group 1 will be from 5:00-6:30 (incoming 6th and 7th graders)

Group 2 will be from 6:30-8:00 (incoming 8th and freshmen)

Cost: \$150 for all six sessions

## For any and all sessions!



Payment for each session will be cash only, due on night #1 of each session. .